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Nordic Committee on  
Bioethics

# Genetic Self Testing

University of Aarhus, Denmark

14-15 January 2009

Lakeside Auditorium, The University Campus

*Genetic tests on the open market are becoming more common. Tests that possibly predict the onset of a disease or indicate a heightened risk of serious conditions can significantly influence an individual's life. Novel developments include 'lifestyle' tests together with the regimens, dietary supplements and self-administered medications. The applications of these tests are largely in the hands of commercial test providers. Governments, official agencies, and consumer groups should consider this new development and discuss whether regulatory controls are needed.*



## **Conference registration**

Participation is free of charge.

For registration send an email to: Secretary Lotta Knutsson  
([secretary@ncbio.org](mailto:secretary@ncbio.org) or [lottaknu@yahoo.se](mailto:lottaknu@yahoo.se))

**Deadline for registration is 19 December 2008.**

## PROGRAMME

### Wednesday 14.1.2009

- 13.00 Registration plus snacks
- 14.00 Opening  
The Chair of the Nordic Committee on Bioethics
- 14.05 *Anders Børglum*, University of Aarhus, Denmark  
Analysis of the Human Genome
- 14.30 *Lars Bolund*, University of Aarhus and Beijing Genomic Institute  
Where are Genomics Heading?
- 15.00 *Kári Stefánsson*, DeCodeMe, Iceland  
Commercial Genetic Tests
- 15.30 Coffee break
- 16.00 *Robin Engelhardt*, science journalist, Denmark  
Personal Experiences with Gene Tests
- 16.30 *Helena Kääriäinen*, University of Turku, Finland  
Clinical Genetic Viewpoints on Genetic Analysis
- 17.00 *Sirpa Soini*, University of Helsinki, Finland  
National and International Regulations
- 17.30 Reception

### Thursday 15.1.2009

- 9.00 *Terje Kilin*, Norwegian Consumer Council  
Consumer Perspectives
- 9.30 *Astridur Stefánsdóttir*, University of Iceland  
Ethical Aspects of Genetic Analysis
- 10.00 *Anders Nordgren*, University of Linköping, Sweden  
Personal Genomics
- 10.30 Coffee break
- 11.00 *Frances Flinter*, The Human Genetics Commission, UK  
Profiling Over-the-Counter Genetic Tests
- 11.30 Panel discussion with the speakers  
Are new regulations required? A Nordic legislative platform?
- 13.30 Closing remarks

## **Members of the Nordic Committee on Bioethics**

Denmark: Rikke Bagger Jørgensen, Thomas G. Jensen

Finland: Aaro Tupasela, Sirpa Soini

Iceland: Vilhjálmur Árnason, Ásgeir Haraldsson

Norway: Ole Johan Borge, Anne Ingeborg Myhr

Sweden: Niels Lynøe, Katarina Westerlund

### **Secretary**

**Lotta Knutsson** [secretary@ncbio.org](mailto:secretary@ncbio.org) [lottaknu@yahoo.se](mailto:lottaknu@yahoo.se) Address:  
Pontonjärgatan 38, 112 37 Stockholm Sweden Phone: +46 (0)8  
6510549 Mobile: +46 (0)70 482 6993

### **Tasks of the Committee**

- to identify ethical problems arising from genetic engineering and other biotechnology research, development and modification of microorganisms, plants, animals and humans. - to promote Nordic collaboration among researchers, opinion formers and parliamentarians on bioethical issues by cooperating with national research institutions, authorities and ethics committees, and by the same token creating opportunities for the exchange of information. - to contribute to a joint Nordic debate on bioethical questions by disseminating material that can be used in constructive discussions of bioethics issues. - to monitor biotechnological developments in the Nordic region and internationally. - to keep abreast of Nordic and international debate on ethical questions issuing from biotechnology research, development and application. - to follow legislative developments within the sphere of biotechnology in the Nordic countries.

